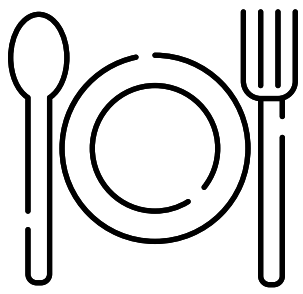
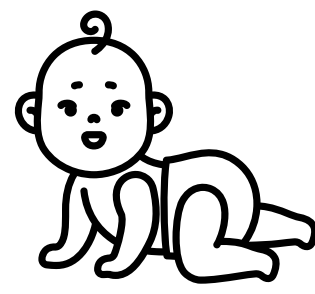


REFERRAL PATHWAYS

Click on an icon to start



Food Relief



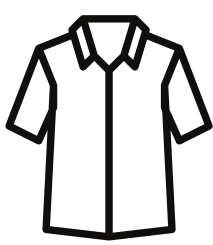
Baby



Bills



Mental Health



Clothing



About SECC

You can always go back to this page
by clicking on the Home icon >



South Eastern Community Connect

FOOD RELIEF

Click on a location

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[Bayside](#)

[Eastern Suburbs](#)

[Inner West](#)

[City of Sydney](#)

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[North Sydney](#)

[South Sydney](#)

[Western Sydney](#)

[Others](#)

You can always go back to this page
by clicking on the Food icon >



Quick Guide

FOOD RELIEF


➤ **Glebe Assistance Partnership Program**

9552 4164, www.glebechurch.org.au

138a Glebe Pt Road, Glebe

Monday and Wednesday 10am-1230pm

Getting there from SECC:

 1hr -1.5 hrs

 309 and 370

 18 mins

[OPEN IN GOOGLE MAPS](#)


➤ **OzHarvest Market**

1800 108 006, www.ozharvest.org/your-local-ozharvest

95 Wellington St, Waterloo

Tuesday-Friday 10am-2pm

Getting there from SECC:

 30 - 45mins

 309

 8 mins

[OPEN IN GOOGLE MAPS](#)

▼
MORE



Quick Guide

FOOD RELIEF


➤ Addison Road - Marrickville

9569 7633, addiroad.org.au/food-pantry

142 Addison Road, Marrickville

Monday-Friday 12-4pm

Getting there from SECC:

 1hr -1.5 hrs

 309 and 355

 13 mins

[OPEN IN GOOGLE MAPS](#)


➤ Addison Road - Camperdown

9569 7633, addiroad.org.au/food-pantry

31 Pyrmont Bridge Rd, Camperdown

Monday-Friday 12-4pm

Getting there from SECC:

 1hr -1.5 hrs

 343 and 470

 16 mins

[OPEN IN GOOGLE MAPS](#)



MORE



Quick Guide

FOOD RELIEF

- **South Eastern Community Connect
(The People's Pantry) - Mascot**
02 7903 0607
1007 Botany Road, Mascot
Wednesdays and Thursdays 1-4pm
bit.ly/peoplespantry

[OPEN IN GOOGLE MAPS](#)

- **Project Kindness**
0431 537 727
Request needed items:
projectkindness.com.au/request-kindness

- **Askizzy**
Go to www.askizzy.org.au for other options



MORE



Emergency Food Relief

INNER CITY

➤ BAYSIDE

- Mission Australia **V**
- St Vincent's Food Van/Truck **M**
- Pantry4ThePeople **P**
- Food Market, Fresh Food & Household Community Pantry **P**

EASTERN SUBURBS



- The People's Pantry **P F**
- COA Sydney **P D**
- St Marks Community Pantry **P**
- Kooloora **F M**
- Lou's Place **M**
- South Coogee Anglican Church **P**

➤ INNER WEST

- Addison Road **P**
- Asylum Seekers Centre **P**
- Exodus Foundation **M**
- Rozelle Neighbourhood Centre **P**

KEY: **V** - Vouchers **M** - Meals **P** - Pantry/Hampers
D - Delivery **F** - F&V Bags



MORE



Emergency Food Relief

INNER CITY

➤ CITY OF SYDNEY

- Glebe Assistance Partnership Program **P V**
- Jesus Cares Van **P**
- OzHarvest Market **P**
- Rough Edges Cafe **M**
- The Station **M**
- Will2Live Van **M**
- 4 Voices



OTHERS

- One Meal Makes a Difference **M**
- Prosper Sydney Help Hub **P**
- The Staples Bag **P**

KEY: **V** - Vouchers **M** - Meals **P** - Pantry/Hampers
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Emergency Food Relief

GREATER SYDNEY

➤ SOUTH SYDNEY

- Georges River Life Care
- Kingsway Community Care
- Salvation Army Corps
- Hands and Feet
- The Kogarah Storehouse
- Orana Sutherland

➤ WESTERN SYDNEY

- Parramatta Mission
- Anglicare Merrylands
- Parra Food Pantry
- Foodcare Shop
- Turbans for Australia
- Pathways Community Care
- Parramatta Salvation Army
- Harris Park Community Centre



MORE



Emergency Food Relief

GREATER SYDNEY

➤ NORTH SYDNEY

- Anglicare Mobile Community Pantry, Artarmon
- Chatswood Salvation Army
- CatholicCare Artarmon Family Centre
- St Vincent de Paul Society, Crows Nest Vinnies Support Centre

➤ MANLY

- Community Northern Beaches
- C3 Syd Cares Manly
- One Meal

KEY: **V** - Vouchers **M** - Meals **P** - Pantry/Hampers
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Emergency Food Relief

BAYSIDE

- **Mission Australia** 
9357 1144
www.missionaustralia.com.au/servicedirectory/190-financial-wellbeing/emergency-relief-city-inner-south-inner-west
- **St Vincent's Food Van/Truck** 
9518 0303
Monday, Wednesday - Saturday:
Slattery Place Eastlakes: 8.05pm to 8.35pm, Maloney St: 8.40pm to 9.10pm
www.vinnies.org.au/nsw/find-help/vinnies-vans
- **Pantry4ThePeople** 
1555 Botany Rd, Botany
24/7 Community Pantry
[instagram.com/pantry4thepeople_sydney](https://www.instagram.com/pantry4thepeople_sydney)

KEY:  Vouchers  Meals  Pantry/Hampers
 F&V Bags  Delivery






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Emergency Food Relief

BAYSIDE

-  **Food Market, Fresh Food & Household Community Pantry** 
admin@charityltd.org.au
Rockdale, email for full address and opening hours.
-  **South Eastern Community Connect (The People's Pantry) - Mascot**
02 7903 0607
1007 Botany Road, Mascot
Wednesdays and Thursdays 1-4pm
bit.ly/peoplespantry

KEY:  Vouchers  Meals  Pantry/Hampers
 F&V Bags  Delivery


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Emergency Food Relief

EASTERN SUBURBS

➤ **COA Sydney**  

9389 0035

Woollahra

Eligibility: COA Members

www.coasydney.org/coa-fresh

➤ **St Marks Community Pantry** 

9311 0309

Malabar

Every 2nd Fri 10-11am

Bag of Food (\$12)

Eligibility: Pensions or Health Care Card

www.oceansideanglican.org.au/week

Kooloora



➤ 9661 9160 | kooloora.org

167 Bilga Cres, Malabar

Pick up pre-ordered bag 10:30am

fortnightly on Fridays. \$15 per bag

KEY:



Vouchers



Meals



Pantry/Hampers



F&V Bags



Delivery



MORE



Emergency Food Relief

EASTERN SUBURBS

- **Lou's Place** **M**
9358 4553 182 Victoria St, Potts Point
Mon, Wed-Fri 830-330 Takeaway Meals
Women/ Children
info@lousplace.com.au
www.lousplace.com.au/services-at-lous

- **South Coogee Anglican Church** **P**
www.southcoogee.church/community-pantry
0407 891 306
21 Nymboida Street, South Coogee
(enter on Gregory Street)
Every 2nd Thurs 3.30 - 4.30pm
\$12 per bag

KEY: **V** Vouchers **M** Meals **P** Pantry/Hampers
F F&V Bags **D** Delivery



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Emergency Food Relief

INNER WEST

-  **Addison Road** 
9569 7633
142 Addison Road, Marrickville
Mon-Fri 12 - 4
Community Pantry
addiroad.org.au/food-pantry
-  **Asylum Seekers Centre** 
9078 1900
43 Bedford Street, Newtown
Tuesdays, Thursdays, Fridays
12.30 - 1.30pm
Meals | Eligibility: Asylum Seeker
-  **Exodus Foundation** 
8752 4600
180 Liverpool Street, Ashfield
9:00am - 9:45am | Daily
11:30am - 12:45pm | Daily
www.billcrews.org/free-meals-sydney

KEY:  Vouchers  Meals  Pantry/Hampers
 F&V Bags  Delivery



SCROLL FOR MORE



Emergency Food Relief

INNER WEST

> Rozelle Neighbourhood Centre **P**

9556 9500

754 Darling St, Rozelle

Fortnightly Fri 12.30 - 2pm

Food Pantry

KEY: **V** Vouchers **M** Meals **P** Pantry/Hampers
F F&V Bags **D** Delivery

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MORE



Emergency Food Relief

CITY OF SYDNEY

➤ **Glebe Assistance Partnership Program**

9552 4164, 138a Glebe Pt Road, Glebe
Mon 10-1 Wed 10-1230
Food Parcels, Vouchers
www.glebechurch.org.au

Jesus Cares Van

0444 558 352 | Martin Place Fri/Sat
7.45pm Food Van Ministry

OzHarvest Market

1800 108 006, 95 Wellington St,
Waterloo Mon-Sat 10am - 2pm
www.ozharvest.org/ozharvest-market-waterloo

Rough Edges Cafe

9360 6844, 120 Darlinghurst Road
Mon-Thu Takeaway Lunch/Dinner
<https://www.roughedges.org.au/cafe>

KEY: **V** Vouchers **M** Meals **P** Pantry/Hampers
F F&V Bags **D** Delivery

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Emergency Food Relief

CITY OF SYDNEY

➤ **The Station**

9299 2252, 82 Erskine St, Sydney 7

Days 7.30-9am, 12-1230 Free Meals

thestationltd.org/services/#mealsAndDrinks

Will2Live Van

0449 924 221, cnr Eddy/Elizabeth St,

Central Mon-Fri 6.45-7pm Takeaway

Dinner

www.sydneyhomelessconnect.com/services/will2live/

South Eastern Community Connect (The People's Pantry) - Mascot

02 7903 0607

1007 Botany Road, Mascot

Wednesdays and Thursdays 1-4pm

bit.ly/peoplespantry

KEY: **V** Vouchers **M** Meals **P** Pantry/Hampers
F F&V Bags **D** Delivery

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Emergency Food Relief

OTHER

➤ **One Meal Makes a Difference**

301 Victoria St, Darlinghurst, Sat/Sun

6.15-7pm | Free Meals

sydneycity@onemeal.org.au

www.onemeal.org.au

Prosper Sydney Help Hub

Material Assistance, Apply online:

prosperprojectaustralia.org/welfare

The Staples Bag

31 Pyrmont Bridge Rd, Camperdown

Wednesday 10am - 3pm

KEY: **V** Vouchers **M** Meals **P** Pantry/Hampers
F F&V Bags **D** Delivery

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Emergency Food Relief

MANLY

➤ **Community Northern Beaches**

9977 1066, 52 Raglan Street, Manly Mon-Fri 10am-3pm
info@cnb.org.au

C3 Syd Cares Manly

9972 8688, 14-18 Wentworth St, Manly
Contact for opening hours
c3syd.church/cares

One Meal, Brookvale

Old Youth Reach building,
12 Powells Road, Brookvale
Mon-Thu 7.30am-10am, 12.30 - 3.30
0409 302 717
www.onemeal.org.au/northern-beaches

KEY: **V** Vouchers **M** Meals **P** Pantry/Hampers
F F&V Bags **D** Delivery

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Emergency Food Relief

NORTH SYDNEY

➤ **Anglicare Mobile Community Pantry, Artarmon**

9412 1315

6 Broughton Road, Artarmon

Mon 1 - 2 pm

Willoughby LGA Families Only

\$12 per bag

www.anglicare.org.au/community/food-assistance/community-pantry

Anglicare has other nearby locations including North Ryde, Crows Nest and Drummoyne






Chatswood Salvation Army **Community Services Centre**

9419 8695

Cnr Archer Street and Johnson Street,
Chatswood

Tuesday, Thursday 10am - 4pm

www.salvos.org.au

KEY:  Vouchers  Meals  Pantry/Hampers
 F&V Bags  Delivery

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Emergency Food Relief

NORTH SYDNEY

➤ **CatholicCare Artarmon Family Centre**

1800 324 924

Suite 404, Level 4, Located in Northern
44 Hampden Road, Artarmon M-F 9am -
5pm, metropolitan region.

catholiccaredbb.org.au/family-youth-children/emergency-relief

St Vincent de Paul Society, Crows Nest Vinnies Support Centre

7203 3407, www.vinnies.org.au

Level 2, 60 Alexander Street Crows Nest
M-F 10am - 3pm

Located in Lane Cove, Mosman & North
Sydney LGAs.

Must provide a Centrelink income
statement.

KEY: **V** Vouchers **M** Meals **P** Pantry/Hampers
F F&V Bags **D** Delivery



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Emergency Food Relief

SOUTH SYDNEY

➤ **Kingsway Community Care,
Seechange Op Shop**

9589 0058

6/40-42 Railway Crescent, Jannali

Mon - Fri 9.30am - 3pm

kingswaycare.org.au

Salvation Army Corps Miranda

9542 9500

23 Kiora Road, Miranda

Tues and Thurs

Located in Miranda and surrounds

www.salvationarmy.org.au/shire/locations/miranda/

Hands and Feet

0416 458 787, handsandfeet.com.au

New Methodist Church, 18 Morts Road,
Mortdale

Saturdays 4 - 5pm

KEY: **V** Vouchers **M** Meals **P** Pantry/Hampers
F F&V Bags **D** Delivery

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Emergency Food Relief

SOUTH SYDNEY

➤ **The Kogarah Storehouse**

9587 5761

Cnr Kensington & Gray Streets, Kogarah

Wed 1pm – 3pm

Centrelink card/ ID card required

Register by texting your details to

0476 868 283

www.kogarahstorehouse.org.au/the-storehouse-food-program

Orana Sutherland

9521 8280 | oranansw.org.au

3a Stapleton Avenue, Sutherland

M-F 9.30am - 4pm

Located in Sutherland LGA

Georges River Life Care

9153 6300 | grlc.org.au/life-care

23 Stanley Street, Peakhurst

KEY: **V** Vouchers **M** Meals **P** Pantry/Hampers
F F&V Bags **D** Delivery



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Emergency Food Relief

WESTERN SYDNEY

- **Parramatta Mission** P
9891 2277
119 Macquarie Street, Parramatta
Mon - Fri 1 - 3pm
Holroyd & Parramatta LGAs
Centrelink Income Statement
parramattamission.org.au
- **Anglicare Merrylands** P
9637 2522
30 St Ann Street, Merrylands
Every second Monday 10 - 11am
anglicare.org.au
- **Parramatta Food Pantry** P
8005 1844
79-81 Hammers Road, Northmead
Mon, Wed, Friday 9am - 5pm
parramattasda.org.au

KEY: V Vouchers M Meals P Pantry/Hampers
F F&V Bags D Delivery

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Emergency Food Relief

WESTERN SYDNEY

- **Parramatta Community Care - P**
Foodcare
0497 805 788
18 Barney Street, North Parramatta
By appointment Fridays 9am - 10.30am
Centrelink Card required
pcc.org.au/care
- **Turbans for Australia P**
0432 017 000
14 Martha Street, Clyde
Sunday 11am - 12pm
Located in Parramatta, Cumberland
and Blacktown LGAs
t4a.org.au
- **Pathways Community Care v**
9636 7400
Cnr Dunmore Street and Pendle Way,
Pendle Hill. Contact for hours.

KEY: **V** Vouchers **M** Meals **P** Pantry/Hampers
F F&V Bags **D** Delivery

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Emergency Food Relief

WESTERN SYDNEY

➤ **Parramatta Salvation Army**  

9689 2832

95 Phillip Street, Parramatta

Mon, Fri 9.30am - 1pm

Located in Parramatta and
surrounding areas





➤ **Harris Park Community Centre** 

9635 0157

11 Albion Street, Harris Park

Mon-Thu 9am - 4pm, Friday 9am - 3pm

hpcc.org.au

KEY:  Vouchers  Meals  Pantry/Hampers
 F&V Bags  Delivery

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Emergency Relief

BABY ITEMS

➤ **Cuddle Bundles**

Referral from an organisation needed.
Fill out a referral form at
cuddlebundles.org.au/referral-form

➤ **Nappy Collective**

Are you an individual/family who requires nappies? Please email your request, town/suburb to
nappies@thenappycollective.org.au
and they will seek to help
www.thenappycollective.com



MORE



Emergency Relief

BABY ITEMS

➤ **Sydney Help Hub by Prosper Australia**

M-F 9-5 | 0402 787 571

Rotary Community Centre
34 North Parade, Campsie

Material aid including nappies, vouchers, clothing and food.

➤ **Askizzy**

Go to www.askizzy.org.au for other options



Emergency Relief

BILLS

- **Bill Crews Foundation**
8752 4602
180 Liverpool Road, Ashfield
billcrews.org
- **Sydney Multicultural Community Services**
9663 3922
3 General Bridges Crescent, Daceyville
CALD Residents
sydneymcs.org.au
- **The Salvation Army Moneycare**
1800 722 363
Various locations around Sydney
salvationarmy.org.au
- **Glebe Assistance Partnership Program**
9552 4164
St John's Anglican Church, Glebe
For Glebe and local residents



MORE



Emergency Relief

BILLS

- **Kooloora Community Centre**
9661 9160
167 Bilga Crescent, Malabar
Postcodes: 2035, 2036
kooloora.org
- **Anglicare Emergency Relief**
8624 8600
anglicare.org.au
- **Metro Assist**
9789 3744
LGAs: Canterbury Bankstown, Inner West,
Canada Bay, Georges River, Bayside
metroassist.org.au
- **Bay City Care**
8094 1354
baycitycare.com.au
- **Asylum Seekers Centre**
9078 1900
Eligibility: Asylum seekers
asylumseekerscentre.org.au



MORE



24 hour Crisis/Help Lines

EMERGENCY MENTAL HEALTH SUPPORT

- **Lifeline**
13 11 14
lifeline.org.au
- **Harman Foundation Australia**
1800 116 675
harmanfoundation.org.au
- **Mental Health Central Intake**
1800 011 511
- **13 YARN**
13 92 76
ATSI specific
13yarn.org.au
- **Jewish House**
1300 544 357
jewishhouse.org.au



MORE



Counselling

MENTAL HEALTH SUPPORT

- **headspace Bondi Junction**
9366 8800
Youth Specific 12-25 years
headspace.org.au
- **Marrickville Community Health Centre**
9562 0500
- **Redfern Community Health Centre**
9395 0444
- **Forward Therapy - Surry Hills**
8006 1122
forwardtherapy.com
- **One Door Mental Health Burwood**
9199 6143



MORE



CLOTHING ITEMS

- **The Salvation Army, Salvos Connect, Community Centre**
1300 371 288
39 Dora Street, Hurstville
- **St Vincent de Paul Society**
Call 13 18 12 to be referred to a location near you
- **Mudgin-Gal Aboriginal Corporation**
9698 1173
233 Abercrombie Street, Chippendale
Only those who identify as ATSI can access
mudgin-gal.org.au



MORE



Together at SECC

We're here so you're
never alone.



**South Eastern
Community
Connect**

Is SECC for you?

Do you live in one of these LGAs?

- Bayside
- City of Sydney
- Randwick
- Waverley or
- Woollahra?

Do you want to connect with a community centre that cares?

SECC is here for you, no matter your age, background, or life situation.

Note: SECC also provides OSHC services in Campbelltown and Canterbury-Bankstown.

OUR PURPOSE

SECC offers support that's meaningful to you.

We combat the loneliness epidemic through dynamic community programs and services.

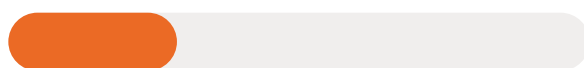


OUR IMPACT

WHO WE HELP

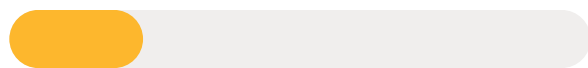


65+

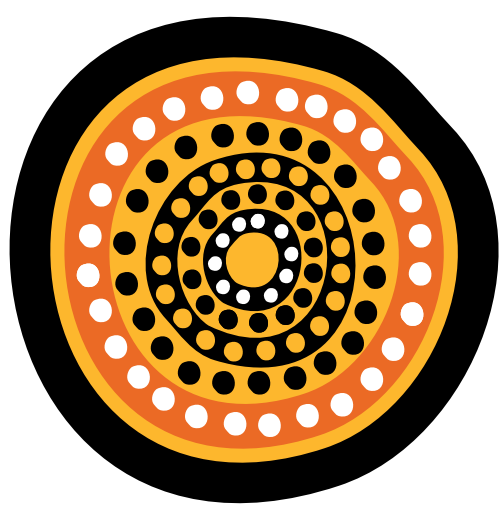


29% of clients
are over 65

0-4y.o.



23% are 0-4 year-olds
- primarily at The Hub



81% increase

clients with Aboriginal and
Torres Strait Islander
background (up from 58 in
2022 to 105 in 2023)

TESTIMONIAL

*"After attending your parenting program I saw a **big difference in my relationship with my child.** Thank you for the support you offer."*

- SIAN



FAMILIES

- OSHC Care ("SMOOSH")
- The People's Pantry
- Toy Library
- Supported Playgroups
- Parenting Workshops
- Case Management
- Domestic Violence Support



YOUTH

- Weekly Youth Drop In
- Dedicated Youth Case Worker for ages 12-25
- High School Tutoring
- Wellbeing Programs

SENIORS

SECC is well-known for its support of older people through:

- Community transport and group outings
- Flexible in-home respite care for people over 65
- Social support (both individual and group services)
- A dedicated Darling Point day centre for people living with dementia
- Home Care Package services
- Shopping assistance
- Fruit and vegetable boxes
- Volunteering opportunities

Enquiries: (02) 8338 8506





COMMUNITY

All SECC programs and services aim to connect people. They include:

- The People's Pantry
- Cooking Groups
- Dementia Care
- Seniors & Community Events
- English Language Classes
- Beginner's Computer Classes
- Tai Chi
- Creative Workshops
- WiFi and JP Services
- Services Australia
- Legal Outreach & Tax Help

LOCAL FOOD SERVICES

- The People's Pantry
- List Shopping
- Fruit and Vegetable Boxes

WAYS YOU CAN HELP

DONATIONS

The need for food relief is huge, and your donation can make an enormous difference to individuals and families in need locally.



Drop-offs:

SECC Community Hub

1007 Botany Rd, Mascot 2020



Hours:

Mondays to Fridays

9.30am to 12pm and 1-4pm



Order Online:

Order online via Coles or Woolworths and have groceries delivered to 1007 Botany Rd, Mascot (tel 02 7903 0607)



Prefer to donate money?

Visit our donations page at **secc.sydney/donate** – or opt to pledge a monthly amount.

VOLUNTEERING

Volunteers are the lifeblood of SECC.

As a volunteer you make an invaluable contribution to the centre's activities.

We will support you with volunteer training and a dedicated Volunteer Manager to help you make the most of the experience.

Learn more at **secc.sydney/volunteer**





**South Eastern
Community
Connect**

SECC Community Hub

1007 Botany Rd, Mascot 2020
(opposite Mascot Memorial Park)

T (02) 7903 0607

Monday to Friday 9.30am-12pm and 1-4pm

SECC Head Office

21 Vernon Ave, Eastlakes 2018

T (02) 8338 8506

Monday to Friday 8.30am to 4.30pm

Email

secc@secc.sydney

Website

www.secc.sydney

Subscribe to our Newsletter

bit.ly/SECCenews

Join a Class

secc.sydney/events

Socials



Facebook: [secc.sydney](https://www.facebook.com/secc.sydney)



Instagram: [@secc.sydney](https://www.instagram.com/secc.sydney)



Youtube: [bit.ly/SECCtube](https://www.youtube.com/bit.ly/SECCtube)



Tiktok: [@seccsydney](https://www.tiktok.com/@seccsydney)

SCAN ME

