

Do you care for a parent who experiences a long-term mental illness, psychological condition, or cognitive disorder?

We are interested in understanding the caregiving experiences of adult children who have had a long-term caring role for a parent.

What's involved?

If you agree to participate in this study, you will be asked to answer questions related to your experiences as a caregiver and complete a range of questionnaires related to your wellbeing, mood, and the impact of providing care. This will include selecting from a list of responses that best matches your experience, as well as providing free written responses to some questions.

It is anticipated that there are minimal risks to participation. However, you may experience a temporary increase in distressing emotions while answering questions regarding your parent's health, your mood, anxiety, and experiences as a caregiver.

To participate in this study, please scan the QR code or access the link below to complete an online version of the survey.

If you would like a paper copy of the survey, or to receive the link via email, please email the researcher, or call the Older Adult Research Team.



https://mq.edu.qualtrics.com/jfe/form/SV_b9QKJqrLAEI7016



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A study being conducted at Macquarie University